

Rizzo Rink Rulebook

(Updated 2021-22 season)

Purpose of Program:

To allow all participants an opportunity to develop in all aspects in the sport of ice hockey. To provide a safe, secure, and structured environment for our children to play in. To provide proper instruction and enforce all fundamentals and rules for the game of ice hockey. To allow our children to play and learn at their own level.

Instructional:

Be sure to remember that all of Rizzo Rink's programs are INSTRUCTIONAL in nature. The success of our program is judged by the rate of improvement of all our participants.

Games:

It is the coaches' responsibility to control his team and himself during game play. The success or failure of the program depends on our coaches. During game play you must be fair to all players. Try and keep all shifts as even as possible.

(Obvious and unnecessary double shifting of players will not be tolerated.)

Coaches are reminded that if any team with sufficient # of players (10 skaters plus a goalie) will receive an automatic bench minor for double shifting!! Three occurrences in a game are an automatic forfeit!!

(Game will still be play until completion.)

***Every player should have equal playing time!! *Please be mindful of this situation!**

(Exception: The last two minutes of the game - lines are at the coaches' discretion.)

Abuse of double shifting policy will result in the following:

- First offense: Bench Minor
- Second offense: Bench Minor
- Third offense: Automatic forfeit

If the above occurs the game will play until completed, but the offending team will receive a loss.

Scoring:

- 1) One point for a tie.
- 2) Two points for a win.

Game Length:

- 1) Three - twelve-minute periods. (Optional changes)
- 2) Minor penalties will be 1 minute and 30 seconds in length – Major penalties 4 minutes.
- 3) Clock stops only for goals, penalties, and injuries.
- 4) Last two minutes of each period – clock will stop on every whistle. (If time allows.)
- 5) A game that ends in a tie during the regular season will remain as a tie game.

NO SHOOTOUT! NO OVERTIME PERIOD! EXCEPT FOR PLAYOFFS!

Icing:

- 1) Will be called from the face off dots and not the blue line!! This is a judgment call!!
- 2) If during a penalty the puck is sent down the length ice prior to crossing their near blueline.

Coaches Responsibilities:

- 1) Shift changes and length of shifts.
- 2) Equal playing time for all players.
- 3) Roster turned in before the game.
- 4) Accuracy of Attendance!!

*** In the event of injury during a game no coach should enter the ice area until directed by an official.**

League Responsibilities:

- 1) Referees and timekeeper
- 2) Schedules and Standings
- 3) Scoresheet

Overtime Rules: (Playoffs ONLY!)

- 1) One five-minute sudden death overtime.
- 2) If still tie a three-man shoot-out will follow.
- 2) Followed by individual shoot out if necessary.

Equipment:

All players must have on the following protective equipment: helmet with face mask, mouthpiece, shoulder pads, pants, shin guards, gloves, elbow pads, cup/pelvic protector.

All the above equipment must be certified for ice hockey.

Players not wearing the proper equipment will be penalized

**** Coaches are responsible for the return of goalie equipment. Please be sure to check that the goalie equipment is returned before leaving the rink.***

Player's Conduct:

All players must act in a respectful and courteous manner towards all other players, coaches, referees, rink staff, etc. The following will not be tolerated:

- 1) fighting - any players fighting before, during or after any Rizzo Rink game/practice will be suspended and/or dismissed from our program.
- 2) language - any players using foul, abusive or taunting language during any game/practice will be ejected from the game/practice and suspended for the next game (first offense), second offense will result in being dismissed from program.

Checking:

There is no checking or intentional body contact allowed in any of our programs.

Players Bench:

Only our designated coaches and players are allowed in the bench area during games and/or practices. No one else (including parents) may be allowed in this area or on the steps leading to the bench area. Failure to follow this rule will lead to a suspension from the rink.

Parents:

Please be aware of this rule and follow it accordingly. Staff and Coaches have been instructed to enforce this rule. In addition, you become a distraction for your child therefore your child is missing out on his/her coaches

Spectators:

All spectators must be behind the protective glass, either on the bleachers or in the area behind both goals. No one is permitted to stand near the player benches or in the area next to the scorekeepers' booth. Interference or disruption of game play because of a spectator will result in ejection from the rink and assessment of a penalty to the spectators' team if deemed necessary by the game official.

Game Officials:

Officials have total authority during a game. Disputes will and should be discussed at the conclusion of a game, in predetermined area under the supervision of rink personnel. An explanation of a call may be requested during a game and shall be granted. But all calls are final. If anyone thinks that an official is not doing a proper job or showing partiality, a complaint may be filed with the Rizzo Rink staff.

Abuse Policy:

Verbal abuse of any league official, coach or person involved with the operation of Rizzo Rink programs will result in the following penalties:

- (a) Spectator- first occurrence - formal warning; on second occurrence- immediate expulsion and barred from Rizzo Rink grounds during any league activities.

- (b) Participant - first occurrence - formal warning, immediate ejection from the game and a possible one game suspension; on second occurrence - immediate expulsion from game and barred from future participation in Rizzo Rink programs.

Before any action is finalized on the second occurrence of verbal abuse, the Rizzo Rink Staff shall, in formal session, conduct a hearing to make the final decision on the appropriate penalty. The individual(s) involved in the incident shall be barred from Rizzo Rink activities until that hearing is conducted. In the case of Physical abuse, the individual shall be immediately expelled and barred until further notice.

Important Information

The following are policies that have been adopted by the Rizzo Rink Staff and Coaches:

- **Coaches are responsible for attendance and must turn in attendance sheets for practice and game day rosters!!**
- **Players must have attended at least 2 more than half the regular season games and 90% of practices to be eligible for the playoffs.**

Attendance policies:

Mites: Participants must be present at and participate in or have an excused absence for at least 50% of the actual practice sessions. Failure to do so will result in the participant being dropped from the Rizzo Rink program. If the participants do not adhere to the 50% standard at a mid-season check, they may be dropped from the program at that time.

8-10 and 11-13 leagues: Once players have been assigned to a team the following will apply to unexcused absences:

(Applies to attendance at Games and Practices)

- (a) First two: No Penalty.
- (b) Third: Will not play for **one period** in the next game attended.
- (c) Fourth: Will not play for **two periods** in the next game attended.
- (d) Fifth: Will not play for an **entire game** and **must be present** on the bench for the game they sit.
- (e) Sixth: Will be dropped from the roster immediately and will not be automatically retained for the following season.

All Activities:

In all instances when a player is dropped from the program due to attendance issues, that person shall automatically forfeit all fees. This provision shall not apply if a player voluntarily withdraws from the program before being assigned a team.

In all cases, the only excused absences shall be for medical reasons and must be accompanied by a doctor's note to be valid. Other absences will be reviewed on an individual basis and may be accepted by the staff of Rizzo Rink. A report on all individuals dropped from the programs due to attendance reasons shall be presented to the Rizzo Rink Staff for review. All individuals are warned, especially those who report late for a practice, that it is their individual responsibility to ensure that they are credited with being present